



PORTUGUESE
**RURAL
EXPERIENCES**

**REVERSE MISSION
PAÍSES BAIXOS
21ST TO 25TH NOVEMBER 2022**

EXPLORE



LIVE



FEEL



TASTE



Promotores:



Cofinanciado por:



União Europeia
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PORTUGAL

NATURAL PARKS

âmbito nacional

Parque Nacional

- 1 Peneda-Gerês

Parques Naturais

- 2 Montesinho
3 Litoral Norte
4 Alvão
5 Douro Internacional
6 Serra da Estrela
7 Tejo Internacional
8 Serras de Aire e Candeeiros
9 Serra de São Mamede
10 Sintra-Cascais
11 Arrábida
12 Sudoeste Alentejano e Costa Vicentina
13 Vale do Guadiana
14 Ria Formosa

Reservas Naturais

- 15 Dunas de São Jacinto
16 Serra da Malcata
17 Paul de Arzila
18 Berlengas
19 Paul do Boquilobo
20 Estuário do Tejo
21 Estuário do Sado
22 Lagoas de Santo André e Sancho
23 S.C.Marim - V.R.S.António

Paisagens Protegidas

- 24 Serra do Açor
25 Arriba Fóssil da Costa da Caparica

Monumentos Naturais

- 26 Cabo Mondego
27 Portas de Ródão
28 Pegadas de Dinossaúrios de Ourém/Torres Novas
29 Carenque
30 Pedra da Mua
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32 Pedreira do Avelino

âmbito regional/local - DL 19/93

Paisagem Protegida

- 33 Albufeira do Azibo
34 Corno do Bico
35 Lagoas de Bertandos e São Pedro de Arcos
36 Serra de Montejuento

âmbito regional/local - DL 142/2008

Parque Natural Regional

- 37 Vale do Tua

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- 38 Paul da Tornada
39 Estuário do Douro

Paisagem Protegida Regional

- 40 Litoral de Vila do Conde e Reserva Ornitológica do Mindelo
41 Serra da Gardunha

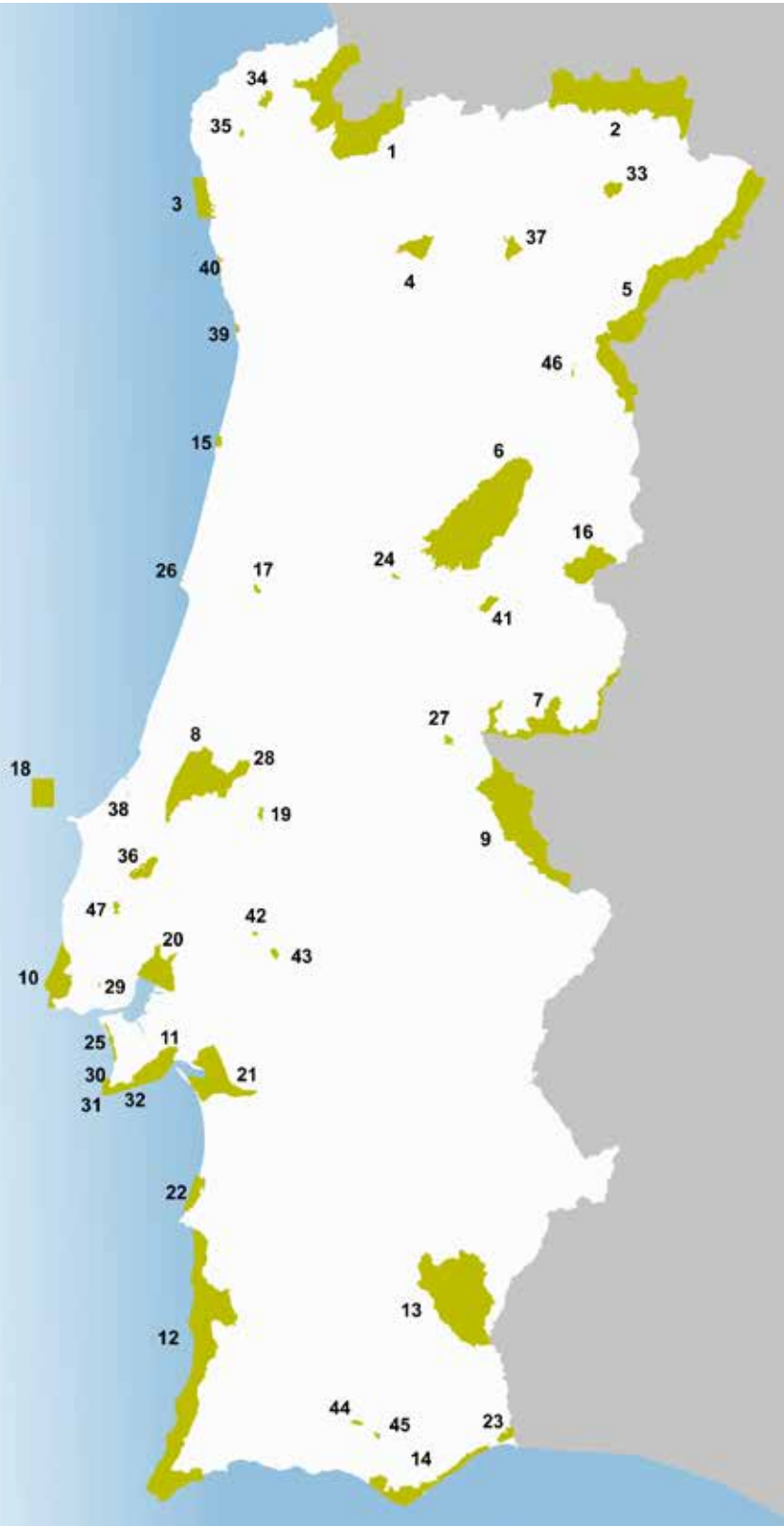
Paisagem Protegida Local

- 42 Açude da Agolada
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45 Fonte Benémola
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Dia 1 21st November, Monday

Arrival to Porto

Departure to Amarante

Visit + lunch at Quinta das Quintães

The Quinta das Quintães Rural Hotel is the latest tourism treasure of northern Portugal. It is located in Valpedre village, in the region of Penafiel city, just 40 minutes from the center of Oporto city, in the middle of the Portuguese Romanesque near the Rivers Douro, Paiva and Tâmega. The history of the Farm is long and for many years produced several agricultural products, including the wine.



Departure to Gerês National Park

Visit to Tobogã and Geres Equidesafios

- Canyoning / E-Bike / Sup Tours – Stand Up Paddle
- Hiking / horse riding / tours



Check in + dinner at Hotel Rural Maria da Fonte

The Hotel Rural Maria da Fonte, is a space with refinement and charm and atmosphere, in a confluence of rare pleasures, in a bucolic environment, full of perfumes that only nature can offer us so intensely, able to fully fill the soul and the spirit.

In Calvos, in Póvoa de Lanhoso, this charming hotel offers a space full of refinement and charm, in the atmosphere of a typical Minhota farmhouse with three granite buildings in a pure nature environment. Not knowing in concrete its age of construction, one can see references embedded in some stones, dating from 1833 and 1863.

Overnight stay

Dia 2 22nd November, Tuesday

Breakfast and check out Departure to Ponte de Lima

Visit to Hotel Rural Paço de Vitorino

The Paço de Vitorino has its origins in the 16th century, having been completely rebuilt in the 18th century and now recovered. In the middle of the Limiana bank, a family home opens up to tourism offering relaxed and sophisticated countryside environments. A family house that offers 15 rooms, which are distributed with long views over the agricultural fields and a mysterious and fascinating baroque garden.

Visit to Ponte de Lima

In Ponte de Lima, a town of stories and history, a walk through the town centre is a journey to the roots of our ancestry. Largo de Camões welcomes visitors with its Noble Fountain, completed in 1603. The nearby Bridge tempts us all to cross it. Cross the bridge and admire the beauty of the Church of Santo António da Torre Vellha (Old Tower), built in the nineteenth century and notable for the height of its tower and the gargoyles flanking it. Close by, the Chapel of Anjo da Guarda (Guardian Angel), a construction with Romanesque and Gothic roots, dated by many to the thirteenth century, will arouse curiosity for the simple and harmonious way it fits into the landscape.

Visit and wine tasting in Centro do Vinho Verde Lunch

Visit to Rino Terra Minho

Rinoterra Minho was born from the restoration of a house, maintaining the charm of an old Portuguese farm and, at the same time, adding the necessary refinement and comfort so that it could receive all those who want to see and feel all the charm of these places. The beautiful rooms of this unit convey an unparalleled state of mind and transport the guest to another dimension, another world. Even so, from the desire to offer something more to our guests, the concept of “Jardim das Águas” emerged, consisting of an open solarium, sauna, jacuzzi and a space where you can enjoy massages, beauty and health treatments, thus providing the strengthening of the organism and well-being.

Check in at Quinta de S. Sebastião

At Quinta de S. Sebastião, the distribution of space is both functional and welcoming, with spacious rooms and public areas. It has 11 bedrooms (1 single room, 1 apartment suitable for disabled guests and 9 double rooms), dining room, living room and TV room, games room and library. Gardens and green spaces, the pool, the playground and the playground of the property create a relaxing atmosphere, ideal for rest and recreation and are surrounded by vineyards and trails.

Overnight stay



Dia 3 23rd November, Wednesday

Breakfast and check out Departure to Amarante

Visit to Amarante

In the north of Portugal, crossed by the Tâmega River and nestled in by the Marão and Aboboreira mountains, there is a region where history and culture abound. Here is Amarante, owner of a vast heritage, which you are invited to discover and enjoy.

It is believed that the city and the municipality owe their origin to primitive peoples who sought out the Serra da Aboboreira – where dolmens and other archaeological remains abound – but another hypothesis cannot be ruled out: the influence of settlements dating back to the Roman period.

Departure to Aveiro

Visit to Aveiro city center

Aveiro, City of Canals is a new way of sharing these values, of presenting the Municipality of Aveiro in several of its most relevant facets, to improve knowledge of the Ria de Aveiro and the City of Canals, to better observe them, Ria and City, of unlikely and particularly beautiful places, such as the new CMIA – Municipal Center for Environmental Interpretation, the Cais da Ribeira in Esgueira, and the Riverside Parks of Pateira in Requeixo and Carregal, among others.

Visit to Águeda

With a varied range of cultural events, Águeda invites you to visit, also for the beauty and grandeur of Pateira de Fermentelos, the largest natural lagoon on the Iberian Peninsula, for the pedestrian routes implemented, which take the visitor to the main points of interest in the municipality, from the mountain parishes to the most coastal and urban ones, finding granaries, mills or water mills, mansions and various properties of heritage value.

The city offers a riverside area that invites you to walk or cycle, several traditional shopping areas, where you can enjoy the gastronomy and find traditional sweets.

Check in and dinner at Quinta D'Anta

Quinta d'Anta Hotel Rural is located in Maiorca, a traditional and small Portuguese village nearby the cities of Figueira da Foz (10 km) and Coimbra (28 km).

Overnight stay



Dia 4 9th February, Thursday

Breakfast and check out Departure to Obidos

Visit do Obidos

The medieval village of Óbidos is one of the most picturesque and best preserved in Portugal. Sufficiently close to the capital and located at a high point, close to the Atlantic coast, Óbidos had a strategic importance in the territory. Already occupied before the Romans arrived in the Iberian Peninsula, the village became more prosperous from the moment it was chosen by the royal family. Since King D. Dinis offered it to his wife D. Isabel, in the century. XIII, it belonged to the House of Queens who, throughout the various dynasties, benefited and enriched it. It is one of the main reasons for finding so many churches in this small town.



Visit to Visit to a Cheese Production

Check in and dinner at Quinta D'Anta

Quinta d'Anta Hotel Rural is located in Maiorca, a traditional and small Portuguese village nearby the cities of Figueira da Foz (10 km) and Coimbra (28 km).

Overnight stay



Dia 5 10th February, Friday

Breakfast and check out

Departure to Lisbon airport



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